

CAC MEETING

Jan 24, 2011

1. Steven introduced everyone and encouraged all to meet and greet.
2. Edith Laura, from the Department of Public Health gave her response on the outcome of the Disaster Preparedness Training. Some additional information that Edith shared was the following:
 - How you can prevent the spread of the flu? You can cover your mouth when you cough.
 - Wash your hands after you touch other people's hands and use the bathroom. Germs are on your hands and they can spread from person to person. You can spread germs to other people by kissing and hugging.
 - Flu Shots can prevent you from getting the flu.
 - Edith talked about the different outbreaks of the flu virus that occurred such as, the Spanish flu in 1850 and the Bird Flu which started in Japan and China.
3. Edith also talked about Hurricane Katrina and the Haiti Disaster, and some of the problems that occurred such as:
 - There were not enough hospitals to help the many people that were injured during Katrina and Haitian Disaster.
 - There was also a lack of food and supplies for the people during Katrina and Haiti Disaster. Other countries have now committed to help build hospitals and make sure there is plenty of food and other supplies.
 - Edith states it is important to protect your animals in the event there is a disaster.
4. Steven provided information regarding the bylaws, and duties of the president. Steven also talked about how important it is to attend the CAC Meetings. Members can only miss one or two meetings.
5. Nominations were made for the office of: president, vice president and secretary. Stephanie was elected as president, Mitchell was elected as vice president and Quila was elected as secretary.
- 6 Some future training events: Healthy Body/Healthy Lives, My Life My Choice, Feeling Safe Being Safe, and Leadership through Personal Change.

7. Steven informed the group that there are other options, for high school graduates that are receiving SSI/SSDI Benefits., such as, working without losing your benefits. There are also work seminar programs that can prepare you for work.

8. Ismeth suggested that the CAC Members pick a day for a social outing, such as, bowling and going to the movies. It was voted by all that we have an outing to play base ball and bowling.

Meeting was adjourned. Next meeting February 12, 2011