

CAC Minutes  
2/12/11

1. Stephanie called the meeting to order at 10:10 am.
2. Steven welcomed everyone to the meeting and gave appreciation to Lisa Lester for allowing the committee to hold the meeting at Desert Arc.
3. Stephanie asked everyone to introduce themselves.
4. Steven introduced Consumer Advocate, Ivan Enriquez who trained the group on “Relationships” along with Ismeth Estrada who did an activity on making Valentine’s Day cards. Ivan discussed the different types of relationships there are, what makes a healthy relationship, and the different types of abuse there are and how to prevent it.
5. Steven talked about the consumer trainings that are being offered.
  - ✓ Healthy Bodies, healthy lives.
  - ✓ Being healthy: My Way Guide to Healthy living.
  - ✓ Leadership through Personal Change.
  - ✓ Feeling Safe, Being Safe.
6. Steven announced that Monte Carlo Night will take place on Saturday, June 4<sup>th</sup> from 4:00 – 9:00 pm; and tickets are on sale for \$5 9consumer price) and for \$3 (care provider price).
7. The meeting adjourned at 11:50 am. Coffee and pastries were offered to the committee.
8. Next meeting will be held on Saturday, March 12<sup>th</sup> at 10:00 am at IRC Conference Center.