



Free
to the
Public

My Hair, My Health

SUNDAY, MARCH 18, 2012

10:00 a.m. to 2:00 p.m.

CRESTMORE MANOR — 4600 Crestmore Road, Riverside, CA 92509

Celebrating Beauty and Wellness from the Inside Out

My Hair, My Health

EVENT WILL INCLUDE:

- Hair models
- Hands-on workshops
- Recipe demo
- Physical activity demo
- Vendors
- Goodie bags
- Lunch
- Much more...

For more information / RSVP call
San Bernardino.....909.387.0175
Riverside.....951.358.5983

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Presented by:



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known in California as CalFresh
• California Department of Public Health