

LOSE WEIGHT NOW!

Learn how with Valerie Mosher, RD

**Eat for your health
and watch the
weight come off**



**4 Consecutive Thursdays at 3:30-5:00pm
Beginning September 20th, 2012**

At: Kaiser Adult Behavioral
13901 Amargosa Rd. Ste. 3&4
Victorville, CA 92392

Call to reserve your space: 909-557-0046
Or email: IRCNutritionist@yahoo.com



For Inland Regional Center Consumers