

## MINUTES IRC SDAC Self Determination Committee

February 23, 2016

SCDD San Bernardino Office  
650 East Hospitality Lane Suite 280  
San Bernardino, CA 92408  
Don Meza 909 890 3493 [dmeza@inlandrc.org](mailto:dmeza@inlandrc.org)  
Tamica Footh-Rachal 909 890 1259 [sanbernardino@scdd.ca.gov](mailto:sanbernardino@scdd.ca.gov)

### 1. Introductions Call to order and establishment of Quorum 6:04 pm

#### Members

Doug Perkins  
Rhonda Morris  
Bill Jensen  
Maia Pawooskar  
Irene Padilla OCRA DRC  
Kristie Sepulveda-Burchit  
Wendy Keedy (arrived after we voted on Consent Items)

#### Staff

Tamika Footh-Rachal SCDD  
Shannon Meehan SCDD  
Don Meza IRC  
Kevin Haynes IRC

#### Public

April Stewart 24 hour homecare  
Lizette Ceja 24 hour homecare  
Miriam Corona Premiere Healthcare

We have not heard from Renee Rojas Don Meza will communicate with him and get back to us

### 2. Consent Items

- a. Agenda
- b. Approval of Minutes from 1/26/2016 R Morris consent items name incorrectly spelled  
Rhonda motions Maia seconds all in favor M. Pawooskar, D. Perkins, R. Morris, I. Padilla, K. Sepulveda-Burchit, B. Jensen

### 3. Public Comments

Shannon Meehan will be doing community outreach presentations for self determination.

Tamika discusses SCDD (state goals): self advocacy, rights and advocacy, QA and Innovation, Public Safety, Emergency Prep, Adult transition, early start, employment, health, housing development, housing access, generic service.

April Stewart April conference supported living April 14-15 California Supported Living Network

Don Meza thanks SCDD for allowing us to meet here for this committee

#### 4. Update on program from DDS Stakeholder Workgroup (IRC)

Don Meza no updates at this time.

March 3 Thursday from 10 am to 5 pm meeting statewide self determination meeting  
Maia and Tamika attending send questions to them. Via phone we can participate.  
Maia let us know the statewide committee waiting on the waiver getting back

All those interested in self determination have to attend an information meeting by regional center to participate in self determination. IRC can do the informational meetings now. It is recommended by the statewide committee to include the self determination advisory committee members. Meetings need to be offered at different times and different sites. Need translator. Advertise. This is the responsibility of IRC. SCDD has curriculum for self determination community meetings. The Home and Community based waiver needs to be included in the curriculum for self determination meetings.

#### 5. FMS and PCP or alternative presentation

Ask Rick to do a future presentation.

Sally Burton videos on youtube.

Judy will be doing a video with Sally whether we can see the video for our committee  
Maia will check.

Maia shared from conference It's a New Day, It's a New Life and will have a powerpoint presentation on this for the upcoming meeting in March

Person centered planning Is not the IPP but it is what an IPP is supposed to be. It's more than an IPP.

Goes through important factors of the individual

History that is immediate is important right now not necessarily like the birth history of an adult

The person is the critical person and also the members person in the family and friends

Goals what would the person like to do in life and dreams

Then work towards services needed to achieve that

Could include medical professionals may not be able to get all these professionals at the same time so you can do a pre plan

Presuming competence is the foundation

Reframing behavior as behavior is communication

Respecting cultural diversity

Provide supports health and safety across the lifespan

PCP individuals helps plan their lives with friends and supporters involvement and understanding of the individual

Strengths, hopes, preferences of individuals use these to put together a plan for the life of the individual.

Two main concepts

Dignity of risk-- tip toe around as though they should not take risk. Give them a choice.

Conservatorship--once you make conservatorship the person with a disability has permanently lost their right; not irreversible actually (Irene Padilla). Court is to keep accounting and review.

## 6. Discussion Items

Business arising (old business)

- a. Update on status of Business cards (IRC) Don says we have a green light on this. Plain card name and with self determination committee no logos
- b. Update on recommendation to include informative flyers on SD with IPP (IRC) SCDD gave a template of this to IRC. Shannon Meehan will assist with template flyer and add IRC logo on it and self determination advisory committee meeting on it.
- c. Update on # Informational meeting for interested consumers (IRC) Don Meza did not attend Fiesta Educativa. SCDD gave information on self determination. We don't have this yet. IRC will be working on this.
- d. Update post clarification of role & meaning of SDAC to IRC Board members (IRC/SCDD)

Board is not opposed to hearing from self determination committee members however unwilling to add it as an agenda item. Get clarification at March 3 meeting. Don encourages us to bring it up during public comment. Vicki Smith did not send a letter though she said she did is what she told Tamika. Minutes need to be included as part of the package with the self determination committee on IRC's agenda under the agenda item for self determination.

New Business

- e. Discussion subcommittees Don't have to rush on this. Get more information at March 3 meeting.
- f. Discussion on outreach and future presentations we covered earlier Don Meza will update later at next meeting. Disparity meetings also IRC is responsible for this. Don is aware.
- g. Presentation for Spanish speaking parents--update on progress (Don Meza) Don spoke with Felipe Garcia he was to bring it up. Consulate in San Bernardino will translate.
- h. Presentations Update (future)

## 7. Future Agenda Items

It's a New Day, It's a New Life SD conference summary March 2016; PCP Facilitator April 2016

Fair Hearings tactic of guilt and shaming families in requesting services needs to stop and regional center should consider cost to benefit analysis meaning how much a hearing costs as compared to the service or support the family or consumer is asking for.

**EDIT 1/11/2017**

Suggestion for future presentation by Katie Hornberger

We should know the cost of a hearing

DGS.CA.GOV OAH Special ed advisory committee but not certain of regional center

This committee will be listening to families on self determination that will want out of the box types of services and supports so we need to make sure our fair hearings administrators as well as OAH are appropriately handling already the in the box requests that are supposedly black and white.

Next meeting: March 22, 2016

8. Adjourn 7:50pm